

RUBIES & RADISHES

Tropical Vacation

PACKING LIST

For the Plane

- ID/Passport
- Confirmations (flight, lodging, car, activities)
- Cash & credit card(s)
- Insurance card
- Vitamins
- Phone charger
- Headphones
- Reading materials (books, mags, ereader)
- Jewelry (I always carry it on)
- Non-toxic hand sanitizer
- Snacks/meal
- Herbal tea

Baby Stuff

- Carrier (ergo, maya sling, etc.)
- Food
- Disposable diapers
- Non-toxic wipes
- Travel diaper change mat
- Change of clothes
- Blanket
- Toys/Books/Teethers

Toiletries

- Toothbrush
- Toothpaste
- Floss
- [Primal Pit Stick](#)
- Shampoo or [Dirty Poo](#)
- Soap
- Facewash
- Moisturizer
- Sunscreen
- Razor
- Make-up
- Hair brush
- Coconut Oil

For the Little

- Fermented Cod Liver Oil
- Ghee/Clarified butter
- [Bottle with sippy lid](#)
- Small spoon & Bib
- Toys
- Clothes, pajamas, socks
- Sleep sack
- Hat
- Diapers (disposable or cloth)
- Wipes (disposable or cloth)
- [Wet/dry diaper bag](#) (great for swimsuits too!)
- Swimsuit
- Sunblock or/and [red raspberry seed oil](#)
- [Neem oil](#) (for bugs)
- [Organic Vitamin E](#) for sunburns
- [Primal Life Organics](#) Toilet Water & Butt Balm
- Travel Crib
- Sheet for travel crib

For the Parents

- Clothes
- Pajamas
- Bras, Panties & Socks
- Swimsuits & Beach cover-ups
- Hat
- Sunglasses
- Flip-flops
- Hiking or tennis shoes
- Toiletries

Et Cetera

- Beach bag
- [Reusable water bottle\(s\)](#)
- Snorkel gear
- Camera
- Camera charger
- Extra sim card
- Guide book
- Laundry detergent (if unit has laundry)